Claims and biometric data alone don’t tell the whole story.

CMS recognizes that a health risk assessment (HRA) can provide key information to help you predict and modify risk for costly hospitalizations and healthcare system use. CMS has established a substantial reimbursement per Annual Wellness Visit as a way to prevent illness, improve care for the elderly, and ultimately reduce costs.

The Wellsource–Medicare Connection

We developed the WellSuite® IV Health Risk Assessment (HRA) for Medicare to be your first step in managing your senior population and to help achieve value-based benchmarks established by CMS.

Our HRA is designed specifically to help physicians, population health managers, health plans, and Medicare patients improve health outcomes. It focuses on emergent and existing health needs of individuals age 65 or over, identifying their risk factors for chronic disease and injury.

WellSuite® IV
Health Risk Assessment
for Medicare

Responsive design maximizes user engagement on mobile and desktop. The HRA is also available in paper and by telephone.
WellSuite® IV HRA for Medicare

Our WellSuite IV HRA for Medicare evaluates all 37 elements defined by CMS and the Affordable Care Act, including:

- Personal Health History & Current Treatment
- Self-Perception of Health Status
- Depression Risk
- Safety Practices
- Preventive Care History
- Social Well-being & Connectedness
- Ability to Perform Activities of Daily Living (ADLs) & Instrumental Activities of Daily Living (IADLs)

Our HRA is a cost-effective solution for health plans, physician groups, and Accountable Care Organizations. It is available in easy-to-read English and Spanish when delivered online via a secure web-based application or in paper format. Telephonic delivery is in English.

A Focus on Total Well-being

The WellSuite IV HRA for Medicare focuses not just on physical health, but also on the emotional and mental well-being of each participant. Factors specific to senior populations, such as cognitive decline and frailty, are also measured. Our HRA identifies existing and future health risks based on an individual’s lifestyle habits — and measures a participant’s readiness to change. This allows you to focus programs and interventions on areas where you are most likely to have success.

Adaptive Design for a Personalized Experience

The interactive and intuitive design of WellSuite IV HRA for Medicare uses three-dimensional branching logic. This adjusts the content with each successive response. That way, individuals will only see the questions that are relevant to them. Our comprehensive and evidence-based question set can be completed in about 20 minutes and produces a wealth of information for the participant, healthcare team, and health plan.

Administrator Data

Wellsource understands how important data is to population health management. We provide your administrators and business analysts 24/7 access to raw data on all participants and groups in your program via a detail list. Administrators and analysts can perform deep analysis on your populations and customize their own reports.

With push reporting, administrators automatically and securely receive a copy of each participant’s Personal Report and a Physician Summary PDF file upon HRA completion.

The WellSuite® IV Participant Management feature gives administrators control of their participant database. Admins can search for participants using specific fields (e.g., first or last name, status), edit participant information (e.g., last name or default language for the HRA), enter biometrics, merge participants, and reset passwords. They can also send individual participants an email invitation to take an HRA.
Actionable Personal Report

A Personal Report is available to the participant immediately after completing the WellSuite IV HRA. This report, organized into nine key areas, provides an Overall Wellness Score and briefly describes the impact of each risk factor on their overall health. It uses easy-to-understand language and an engaging format – with color coding, graphs, icons, and a number-based scoring system. It shows each participant how healthy they are, areas where they are doing well, and any risk factors for preventable disease or chronic conditions.

Taking action is key to improving health! Our Personal Report explains simple ways that healthy habits can be incorporated into a person’s daily routine to address modifiable risks and provides external sources with more in-depth information. We also offer a series of configurable “Recommendation” or “Next Steps” buttons throughout the Personal Report that help direct participants to your specific programs and resources.

Trending data lets the participant see how they are improving from one HRA to the next.

Physician Insights at a Glance

As soon as a participant completes the WellSuite IV HRA for Medicare, a one-page Physician Summary is also generated. Participants can print the Physician Summary and take it with them to their next medical appointment. This report displays a more detailed view of the participant’s answers to the HRA, and includes their stage of readiness to change. This allows the healthcare team to home in on key risk factors that the individual is ready to address.

Customization and Branding

The WellSuite IV HRA for Medicare can be customized with the logo and colors of your organization and the different groups that you manage. We can add custom questions for individual groups and place them anywhere in the assessment that you would like.
Validity and Scientific Basis

When you work with Wellsource, you benefit from four decades of experience in creating effective wellness tools. We have led the industry in delivering scientifically valid, reliable, and innovative HRAs. Our HRAs are some of the most established and valid questionnaires for assessing wellness on the market today. They’ve been used in a significant body of scientific research, dissertations, and publications – more than 86 times since 1988.

We continually review the latest research published in peer-reviewed medical journals and look to leading health organizations, such as the National Institutes of Health and the Centers for Disease Control and Prevention, for their respected and authoritative guidelines. The Wellsource team of doctoral-level health and lifestyle experts is adept at turning research outcomes into evidence-based algorithms. The end result: effective, cost-saving tools for better health.

Certified, Secure, and Compliant

Wellsource has been NCQA certified for Health Appraisals and Self-Management Tools continuously since 2008. Our HRA adheres to the 37 elements of the CMS recommendations for HRAs. It is also compliant with the latest privacy requirements of the Health Insurance Portability & Accountability Act (HIPAA), including the HITECH amendments, and the Genetic Information Nondiscrimination Act (GINA).

Web-based Integration

The WellSuite® IV HRA for Medicare is a web-based solution that can be integrated into a portal or client system. There is no need to install additional software. You can also offer it as a stand-alone tool with a Wellsource-provided login page – customizable for any group. We offer SAML single sign-on (SSO), robust client system notifications, and a comprehensive set of fully documented RESTful Web APIs.

Visit www.wellsource.com for more information.

Connect with us and request a demo: well@wellsource.com