

Wellcomplete™

For Medicare Populations

PRODUCT BRIEF

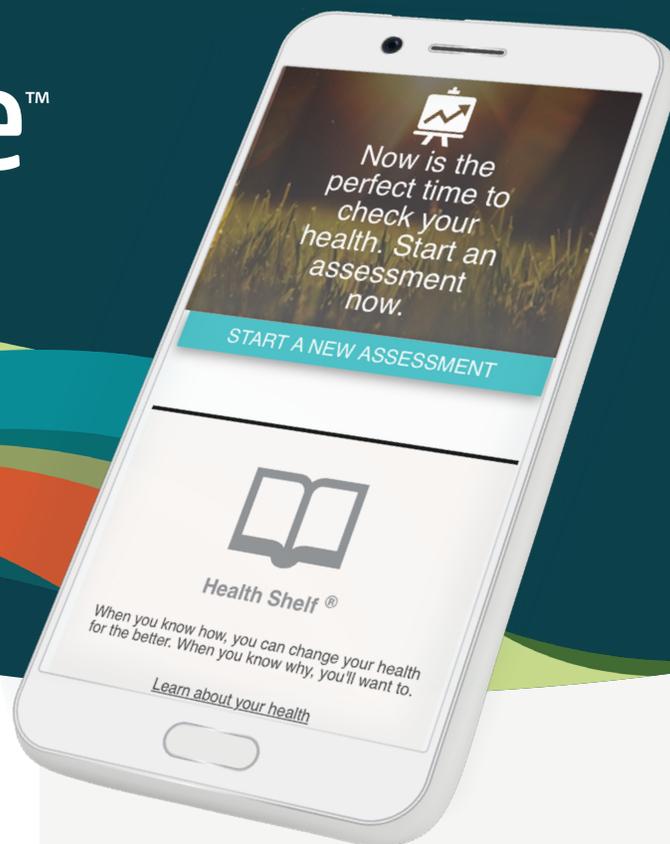
NCQA-certified health risk assessment designed specifically to help clinicians, population health managers, and health plans improve the health and well-being of their age 65+ members.

Claims and biometric data alone don't tell the whole story. CMS recognizes that a health risk assessment (HRA) can provide key information to help you predict and modify risks for costly hospitalizations and healthcare system use. CMS has established a substantial reimbursement per Annual Wellness Visit as a way to prevent illness, improve care for the elderly, and ultimately reduce costs.

The Wellsource–Medicare Connection

We developed the Wellcomplete™ Health Risk Assessment for Medicare populations to be your first step in managing your senior population and to help achieve value-based benchmarks established by CMS.

Our HRA is designed specifically to help physicians, population health managers, health plans, and Medicare patients improve health outcomes. It focuses on emergent and existing health needs of individuals age 65 and older, identifying their risk factors for chronic disease and injury.



BENEFITS OF WELLCOMPLETE

NCQA Certified

Engaging User Experience

Customize to Your Population's Needs

Rich Data Collection and Integrations

Predict and Prevent Disease with Readiness to Change Data

Secure and Compliant with the Latest Privacy Requirements





Wellcomplete for Medicare evaluates all 37 elements defined by CMS and the Affordable Care Act, including:

- Personal Health History & Current Treatment
- Self-Perception of Health Status
- Depression Risk
- Safety Practices
- Preventive Care History
- Social Well-Being & Connectedness
- Ability to Perform Activities of Daily Living (ADLs) & Instrumental Activities of Daily Living (IADLs)

Our HRA is a cost-effective solution for health plans, physician groups, and Accountable Care Organizations. It is available in easy-to-read English and Spanish when delivered online via a secure web-based application or in paper format.

Adaptive Design for a Personalized Experience

Wellcomplete uses branching logic, a system that adapts questions based on the user's response. That way, individuals will generally see the questions that are most relevant to them. Our

A Focus on Total Well-Being

Wellcomplete for Medicare focuses not just on physical health, but also on the emotional and mental well-being of each participant. Factors specific to senior populations, such as cognitive decline and frailty, are also measured. Our HRA identifies existing and future health risks based on an individual's lifestyle habits—and measures a participant's readiness to change. This allows you to focus programs and interventions on areas where you are most likely to have success.

[Learn about the Wellcomplete user experience](#)

evidence-based question set can be completed in less than 10 minutes and in that time gathers critical data for insights into an individual's health and lifestyle.

Administrator Data

Wellsource understands how important data is to population health management. We provide your administrators and business analysts 24/7 access to raw data on all participants and groups in your program via a detailed list. Your analysts can perform deep analysis on raw data via a detail list, or opt into working with the Wellsource team to build customized reports.

Push reporting allows administrators to automatically and securely receive a copy of each participant's Personal Report and a Physician Summary PDF file once an HRA has been completed.

The Wellcomplete Participant Management feature gives administrators control of their participant data. Administrators can search for participants using specific fields (e.g., first or last name, status), edit participant information (e.g., last name or default language for the HRA), enter biometrics, merge participants, and reset passwords. They can also send individual participants an email invitation to take an HRA.

Actionable Personal Report

A Personal Report is available to the participant immediately after completing the Wellcomplete HRA. This report, organized into nine key areas, provides an Overall Wellness Score and briefly describes the impact of each risk factor on their overall health. It

The Personal Report briefly describes the impact of each risk factor on their health, and gives an Overall Wellness Score.

It uses easy-to-understand language and an engaging format so each participant can see at a glance how healthy they are, areas where they are doing well, and any risk factors for preventable disease.

uses easy-to-understand language and follows user experience best practices to promote engagement. It shows each participant how healthy they are, areas where they are doing well, and any risk factors for preventable disease or chronic conditions.

Taking action is key to improving health. Our Personal Report explains simple ways that healthy habits can be incorporated into a person's daily routine to address modifiable risks and provides external sources with more in-depth information. We also offer a series of configurable "Recommendation" and "Next Steps" buttons throughout the Personal Report that help direct participants to your specific programs and resources. Trending data lets the participant see how they are improving from one HRA to the next.

Physician Insights at a Glance

As soon as a participant completes Wellcomplete for Medicare, a one-page Physician Summary is also generated. Participants can print the Physician Summary and take it with them to their next medical appointment. This report displays a more detailed view of the participant's answers to the HRA, and includes their stage of readiness to change. This allows the healthcare team to focus on key risk factors that the individual is ready to address.



Customization and Branding

Wellcomplete for Medicare can be customized with the logo and colors of your organization and the different groups that you manage. We can add custom questions for individual groups and place them anywhere in the assessment that you would like.

Validity and Scientific Basis

When you work with Wellsource, you benefit from four decades of experience in creating effective wellness tools. We have led the industry in delivering scientifically valid, reliable, and innovative HRAs. Our HRAs are some of the most established and valid questionnaires for assessing wellness on the market today. Wellcomplete data has been used in over 80 publications, scientific research projects, and dissertations—contributing to work that helps all of us better understand the significance of a healthy lifestyle.

We continually review the latest research published in peer-reviewed medical journals and look to leading health organizations, such as the National Institutes of Health and the Centers for Disease Control and Prevention, for their respected and authoritative guidelines. The Wellsource team of doctoral-level health and lifestyle experts is adept at turning research outcomes into evidence-based algorithms. The end result: effective, cost-saving tools for better health.

Certified, Secure, and Compliant

Wellsource has been NCQA certified for Health Appraisals and Self-Management Tools continuously since 2008. Our HRA adheres to the 37 elements of the CMS recommendations for HRAs. It is also compliant with the latest privacy requirements of the Health Insurance Portability & Accountability

Predict and Prevent Chronic Disease

Get the actionable data you need to address health problems in your Medicare population. Claims and biometric data don't tell the whole story. An effective health risk assessment gathers the health habit and lifestyle data you need to draw a clear picture of a person's total well-being—before problems occur.

Wellcomplete helps you take a proactive, rather than reactive, approach:



Identify and predict risk factors for preventable chronic conditions.



Pinpoint and prioritize the most effective programs and interventions.



Lower health care costs for your organization.

ABOUT READINESS TO CHANGE



Act (HIPAA), including the HITECH amendments, and the Genetic Information Nondiscrimination Act (GINA).

Integration Options

Wellcomplete is a web-based solution that can be integrated into a wellness portal or client system. You can also offer it as a stand-alone tool with a Wellsource-provided login page—customizable for any group. There is no need to install additional software. We offer SAML single sign-on (SSO), robust client system notifications, and a comprehensive set of well documented RESTful Web APIs.

More Than 7 Million Assessments

Wellsource partners with organizations across many disciplines and industries. Together, we have administered over 7 million assessments to populations around the world. Our clients include health plans, wellness service providers, large and small employers, and governmental agencies.

What do all of our clients have in common? They are united in their mission to improve health outcomes and transform lives.

Wellcomplete in Action



CASE STUDY

Health Plan Increases Medicare Member Engagement & Program Efficiency

Moda Health went digital with their HRA to increase efficiency and engagement on their healthcare portal. Learn how they achieved real-time reporting, exceptional user experience, and data to fuel future initiatives.

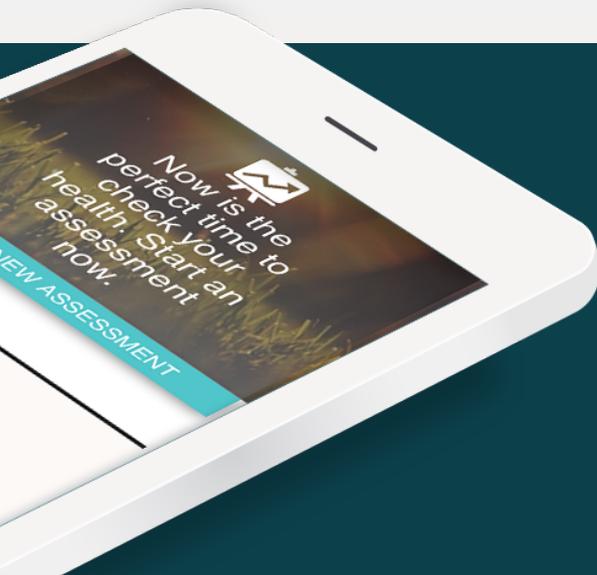
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Get more information about Wellsource products

[Request a Consultation](#)

well@wellsource.com 1.800.533.9355

Here are just a few of the organizations we are proud to serve:



For four decades, Wellsource has been personalizing population health by designing innovative Health Risk Assessments that are grounded in modern evidence-based medicine. Wellsource uses the power of technology to drive informed decisions with actionable data for health plans, wellness organizations, and companies committed to improving wellness. Our HRAs for the Workforce, for Medicare, and for Medicaid are NCQA certified and used for predicting health risks and reducing avoidable costs.

Learn more at wellsource.com

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